India is grappling with a catastrophe of epic proportions. More than 400,000 cases are being reported every day. People are dying on the streets due to lack of hospital beds, drugs and oxygen. Oxygen that we take for granted in our lives here, is a precious commodity now in India and prices have soared by 350-400% for oxygen concentrators and tanks in India. People are waiting in ambulances outside hospitals living off oxygen tanks; hoping that someone would get discharged and that a spot would open up for admission before their oxygen runs out. Remdesivir, methylprednisolone and tocilizumab are in such short supply that many hospitals are forced to ask patient relatives to buy them from outside pharmacies. Drugs, if available at all are often priced to the highest bidder. Diverse healthcare infrastructure and just the sheer number of cases are taking a significant toll. Crematoriums are running 24/7 but there is still a waiting line.

A double mutant variant of the COVID-19 virus is being blamed and has run rampage through the entire country. The world must come together to stop this carnage and the time is NOW! Money is desperately needed for oxygen, drugs, vaccination camps and essential medical treatment.

Many humanitarian efforts are underway to help a country and its people in its hour of need. Please, even if it is just the cost of a dinner, do contribute as it could help someone live to eat another meal!

**One gift by you today can mean a better tomorrow for many!**

Prominent relief efforts that are underway are:

1. [https://oxygenforindia.org/#donate](https://oxygenforindia.org/#donate) (Volunteer-run campaign to deliver lifesaving medical oxygen)
2. [https://events.aapiusa.org/donation-oxygen](https://events.aapiusa.org/donation-oxygen) (They help arrange for and transport oxygen supplies to India)
3. [https://covid.giveindia.org](https://covid.giveindia.org) (Sponsors oxygen supplies, support for families of COVID deceased and families struggling with hunger)
4. [https://sewausa.org/Donate](https://sewausa.org/Donate) (Donates essential medical supplies to combat the crisis)
5. [https://makeagift.jhu.edu/form/WCVINIndiaCovid19EmergencyResponse](https://makeagift.jhu.edu/form/WCVINIndiaCovid19EmergencyResponse) (Run by the Johns Hopkins India Institute)
6. [https://gofund.me/6ac8dc32](https://gofund.me/6ac8dc32) (BMC Covid Relief Fund – Oxygen for India)

To learn more about the situation from a personal and professional perspective, listen to a brief interview on Spotify by Dr. Lalitha Sundararaman:

[https://open.spotify.com/episode/6NkVwRPmUdRZvXrkKQK?si=CEveEvJoT7S9613AZUUPGQ&dl_branch=1&nd=1](https://open.spotify.com/episode/6NkVwRPmUdRZvXrkKQK?si=CEveEvJoT7S9613AZUUPGQ&dl_branch=1&nd=1)

Lalitha Sundararaman, MD
Clinical Instructor, Department of Anesthesiology and Perioperative and Pain Medicine, Brigham and Women’s Hospital, Harvard Medical School, Boston.